

OLDER CHILD ADOPTION RESOURCES

The following are recommendations only and are not endorsed specifically by The Barker Foundation. It is the responsibility of the family to research the resources and ensure they are appropriate for their child and family.

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Medicaid Assistance

State of MD Medicaid Provider Directory - <http://www.maps-md.com/forconsumers/providerdirectory1.htm>

State of Virginia Department of Medical Assistance Services - <http://www.dmas.virginia.gov/>

District of Columbia Medical Assistance Administration - http://www.dchealth.dc.gov/doh/cwp/view,a,3,q,573226,dohNav_GID,1807,%7C33345%7C,.asp

Adoption Assistance by State, Child Welfare Information Gateway
http://www.childwelfare.gov/adoption/adopt_assistance/questions.cfm?quest_id=1

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Rockville, MD 20852
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(301) 230-7108 (FAX)

Pediatricians

Dr. Leah Brasch, MD
4601 N. Park Avenue
Chevy Chase, MD
Phone: 301-656-2745

Psychiatrists

Dr. Marilyn Benoit
DC
Phone: 202-607-3032

Dr. Lawrence Brain
Bethesda, MD
Phone: 301-654-2255
Does not accept Medicaid

Dr. Jill Carlson
Laurel, MD
Phone: 301-490-0550
Does not accept Medicaid

Dr. Lance Clawson
Cabin John, MD
Phone: 301-320-3700
Does not accept Medicaid

Dr. Colleen Conley
Friendship Heights, MD
Phone: 301-913-9899
Does not accept Medicaid

Dr. Sherry Goldman
Bethesda, MD
Phone: 301-881-0855
Does not accept Medicaid

Dr. Greenwald
Bethesda, MD
301-564-4512

Dr. Joseph Palombi
Virginia
Phone: 703-368-1715
Virginia Medicaid

Dr. Paul Prunier
Friendship Heights, MD
Phone: 301-656-2767
Does not accept Medicaid

Dr. Steven Rebarber
Bethesda, MD
Phone: 301-493-6984

Does not accept Medicaid

Dr. Elizabeth Reynolds, MD

12050 South Lakes Drive, Reston, VA 20191

Serves VA only

Does not accept insurance

Dr. Susan Theut

DC

Phone: 202-338-8034

Does not accept Medicaid

Post-Adoption Home-Based Services
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Children's Services of Virginia, Inc.

Crossroads Counseling Centers

<http://www.childrensservicesofva.com/ccs/index.htm>

Crawford Consulting and Mental Health Services

Patrick Crawford

301-341-5111

www.crawfordconsulting.org

Family Focus, Inc.

<http://familyfocusinc.com/>

Serves Richmond and Chesapeake, VA only

First Home Care

www.firsthomecareweb.com

Alexandria, VA

(757) 393-7200

Accepts Medicaid

Intensive Family-Centered Services

Darlene Dockins, M.Ed. (MD Location)

(Cell) 443-801-0127

Janet Fuller-Holden (VA Location)

(Phone) 757-410-3896

www.ifcsinc.com

Accepts Medicaid

Virginia Home Based Counseling, P.C.

(703) 330-9933

Henry Koch, Ph.D. - Director

Patrick Stiehm, L.P.C. - Program Director

9625 Surveyor Court, Suite 110, Manassas, VA 20110
Accepts Medicaid

Phillips Programs (Family Partners Program)

<http://www.phillipsprograms.org/FamilyPartners.htm>

Serves VA only

Phone: 703-658-9054

Villa Maria Outpatient Program

Crofton, MD

<http://www.cc-md.org/children/villa-community-resources.html>

410-252-7664

Counseling

Adoption/Attachment Partners

Janine Harrigan

(703) 658-7103

8983 Hersand Drive, Suite 2, Burke, VA 22015

www.adoptattach.com

Susan Branco-Rodriguez

703-242-3711

sbranco@adoptiontherapist.org

Crawford Consulting and Mental Health Services

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Anchor Counseling & Training LLC

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Woodstock, MD 21163

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10451 Twin Rivers Road
Suite 400
Columbia, MD 21044
443-325-0360
kate@ahalingplaceincolumbia.com

Post Institute for Family-Centered Therapy

Bryan Post

Office: (434)589-8828
Toll Free: (866) 848-POST
info@postinstitute.com
<http://www.postinstitute.com/>

Reginald S. Lourie Center for Infants and Young Children

www.louriecenter.org
12301 Academy Way, Rockville, MD 20852
Accepts Medicaid and reduced fees. Only serves children up to age 8.
301-984-4444 x105

Lawrence B. Smith, LCSW-C, LICSW

8720 Georgia Avenue
Suite 802
Silver Spring, Maryland 20910
301-588-1933
lbsmith@md.net

Diana L. Tracey, LCSW

(571) 245-0054
8101 Hinson Farm Road, Suite 117, Alexandria, VA 22306
Accepts Medicaid

Don Wilhelm

Phone: 804-740-2600
dattchw@yahoo.com

Respite Services

Catholic Charities

Center for Family Services
11 East Mount Royal Avenue, 2nd Floor
Baltimore, MD 21202
Phone: 410-685-2363

1301 Continental Drive, Suite 101
Abingdon, MD 21009
Phone: 410-538-3388
www.cc-md.org

Northern Virginia Family Services

10455 White Granite Drive, Oakton, VA 22124
(703) 219-2184
www.nvfs.org

The School System and Special Education
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The Complete IEP Guide: How to Advocate for Your Special Ed Child, Lawrence M. Siegal, Attorney at Law
<http://www.nolo.com/product.cfm/ObjectID/53269B09-7112-4E95-A90F8979BEA1F73A/118/>

Thompson, Michael (2004). The Pressured Child: Helping your child find success in school and life. New York, NY: Ballantine Books.

Schoettle, Marilyn (2003). S.A.F.E. at School: Support for Adoptive Families by Educators. The Center for Adoption Support and Education.

Wood, L., & Ng, Nancy (Eds.) (2001). Adoption and the Schools. Palo Alto, CA: FAIR.

Adoption Education Center

<http://www.adoptiononline.com/aecschoolliss.cfm>

ERIC (Educational Resources Information Center)

www.eric.gov

Information on Learning Disabilities

www.Idonline.org
www.ricklavoie.com

National Dissemination Center for Children with Disabilities

www.nichcy.org

Parent Education and Training Center (PEATC)

www.peatc.org

For Children Already in the Home

Making Room in Your Family: A coloring book, Jane Schooler

Northwest Media, www.northwestmedia.com

Adoption Support & Education

Center for Adoption Support and Education (CASE)

www.adoptionsupport.org

Adoption Clubhouse

<http://www.adoptionclubhouse.org/>

The Adoption Clubhouse is an innovative and unique website created by the National Adoption Center to provide support to children and families of adoption.

Faces of Virginia Families

www.facesofvirginia.org

Foster, Adoption and Kinship Association

National Foster Parent Association

www.nfpainc.org

Parents Without Partners

www.parentswithoutpartners.org

Adoption Exchange Association

<http://www.adopting.org/uni/frame.php?url=http://www.adoptea.org/books.html>

Interracial Family Circle (IFC)

<http://www.interracialfamilycircle.org/>

Online Training

Foster Care & Adoptive Community

www.fosterparents.com

Adoption Learning Partners

www.AdoptionLearningPartners.org

Foster Club

www.Fosterclub.org

Magazines

Adoptive Families Magazine

www.adoptivefamilies.com

Fostering Families Today Magazine

<http://www.fosteringfamieliestoday.com/>

Videos

[I Wonder... Teenagers Talk About Being Adopted with Vera Fahlberg, M.D. Families Adopting in Response.](http://www.fairfamilies.org/video_I_Wonder.htm) Palo Alto, CA.

http://www.fairfamilies.org/video_I_Wonder.htm

[Knowing Who You Are,](http://www.casey.org/Resources/Projects/REI/KnowingWhoYouAreVideo.htm) Casey Family Programs

<http://www.casey.org/Resources/Projects/REI/KnowingWhoYouAreVideo.htm>

[Multiple Transitions: A Young Child's Point of View on Foster Care and Adoption,](http://healthy-family.net/transition2.html)

Michael Trout, Director of the Infant-Parent Institute

<http://healthy-family.net/transition2.html>

[Struggle for Identity: Issues in Transracial Adoption and A Conversation 10 Years Later](http://www.nysccc.org/T-Rarts/StruggleDVD.html)

Photosynthesis Productions and New York State Citizens' Coalition for Children

<http://www.nysccc.org/T-Rarts/StruggleDVD.html>

Associations and Counsels

Child Welfare League of America

<http://www.cwla.org/>

North American Council on Adoptable Children

<http://www.nacac.org/>

The Evan B. Donaldson Adoption Institute

www.adoptioninstitute.org

American Adoption Congress

<http://www.americanadoptioncongress.org/>

Dave Thomas Foundation

<http://www.davethomasfoundation.org/>

Educational Websites

The Coalition to Adopt US Kids

www.adoptuskids.org

Adoption.com

www.adoption.com

Child Welfare Information Gateway

<http://www.childwelfare.gov/index.cfm>

Wednesday's Child

www.wednesdayschild.com

Vstreet – A website for kids

<http://www.vstreet.com/learnmore/index.html>

Older Child Adoption.com

www.olderchildadoption.com

Families Adopting in Response (FAIR)

www.fairfamilies.org

Readers Guide to Adoption-Related Literature

<http://members.aol.com/billgage/lit-list.htm>

AARP Grandparent Information Center

www.aarp.org/families/grandparents/gic/

National Adoption Center

http://adopt.org/servlet/page?_pageid=70&_dad=portal30&_schema=PORTAL30

National Council for One Parent Families

www.oneparentfamilies.org.uk

Single Parent Adoption Network (SPAN)

<http://members.aol.com/Onemomfor2/#SPAN>

Managing Difficult Behavior Websites

The Creative Therapy Store

<http://portal.creativetherapystore.com>

The Infant-Parent Institute

<http://www.infant-parent.com>

Attachment Disorder Maryland

<http://www.attachmentdisordermaryland.com/aboutus.htm>

Attachment.org: Families by Design

www.attachment.org

Association for Treatment and Training in the Attachment of Children (ATTACH)

<http://www.attach.org/>

Institute on Violence, Abuse and Trauma

<http://www.ivatcenters.org/index.htm>

Center for Evidence-Based Practice: Young Children with Challenging Behavior

<http://challengingbehavior.fmhi.usf.edu/resources.html>

A Place of Our Own

www.aplaceofourown.org

Post-Institute for Family-Centered Therapy

www.postinstitute.com

National Child Welfare Resource Center for Adoption (NCWRCA)

<http://www.spaulding.org/resourcecenter/index.htm>

Books for Adults

OLDER CHILD ADOPTION BIBLIOGRAPHY

The following are some of the resources available to adoptive parents. The brief list includes some, but by no means all, of the resources available. Resources listed are suggestions, not endorsements, by the agency.

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- Hughes, Daniel (2006). Building the Bonds of Attachment: Awakening love in deeply troubled children. New York, NY: Jason Aronson.
- Jewett Claudia (1978). Adopting the Older Child. Boston: Harvard Common Press, Inc.
- Jewett, Claudia (1982). Helping Children Cope with Separation and Loss. Boston: Harvard Common Press, Inc.
- Johnson, Patricia Irwin (1992). Adopting After Infertility. Indianapolis, Indiana: Perspectives Press.
- Johnson, Toni (2004). Helping Children with Sexual Behavior Problems: A guidebook for professionals and caregivers. San Diego, CA: Family Violence & Sexual Assault Institute.
- Johnson, Toni (2004). Updated, Understanding Children's Sexual Behaviors: What's healthy and healthy. San Diego, CA: Family Violence & Sexual Assault Institute.
- Johnston, Patricia (2001). Adoption is a Family Affair! What Relatives and Friends Must Know. Indianapolis, IN: Perspectives Press.
- Keck, Gregory C. and Kupecky, Regina M. (2002). Parenting the Hurt Child: Helping Adoptive Families Heal and Grow. Colorado Springs, Colorado: Pinon Press.
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- Kirk, David (1984) Shared Fate: A Theory and Method of Adoptive Relationships. Port Angeles, Washington: Ben-Simon Publications.
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- Levy, Jennifer (2005). Healing the Harm Done: A parent's guide to helping your child overcome the effects of sexual abuse. Xlibris.
- Maskew, Trish (1999). Our Own: Adopting and Parenting the Older Child. Longmont, CO: Snowcap Press.

Melina, Lois (1989). Making Sense Out of Adoption. New York: Harper and Row.

Melina, Lois (1998). Raising an Adopted Child: A Manual for Adoptive Parents. New York: Harper and Row.

Minitzer, Richard (1998). The Things I Want Most. New York, NY: Bantam Books.

Neubauer, Peter and Alexander (1990). Nature's Thumbprint: The New Genetics of Personality. New York: Addison-Welsey Publishing Company, Inc.

Pavao, Joyce Maguire (1998). The Family of Adoption. Boston: Beacon Press.

Rosenberg, Elinor (1982). The Adoption Life Cycle: The Children and Their Families Through the Years. New York: The Free Press.

Simon, Rita and Howard Alstein (1982). Adoption, Race and Identity: From Infancy to Adolescence. New York: Praeger Press.

Van Gulden, Holly and Lisa M. Bartels-Rabb (1995). Real Parents, Real Children: Parenting the Adopted Child. New York: Crossroads Publishing Co.

VIDEOS

Trout, Michael (1997). Multiple Transitions: A young child's point of view on foster care and adoption. Champaign, IL: The Infant-Parent Institute.

ADDITIONAL RESOURCES

For additional resources contact Tapestry Books at www.tapestrybooks.com

Flick, Grad (1998). ADD/ADHD Behavior-Change Resource Kit. San Fransisco, CA: Jossey-Bass, A Wiley Imprint.

Forbes, Heather and Post, Bryan (2007). 3rd Ed. Beyond Consequences, Logic and Control. Orlando, FL: Beyond Consequences Institute.

Goldstein, S., Hagar, K. & Brooks, R. (2002). Seven Steps to Help Your Child Worry Less: A family guide. Plantation, FL: Specialty Press, Inc.

Hall, Beth & Steinberg, Gail (1998). Below the Surface: A self-evaluative guide for anyone considering or participating in an adoption across racial or cultural lines. Chicago, IL: Pact Press.

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- Shirk, Martha (2006). On Their Own: What Happens to Kids When They Age Out of the Foster Care System? New York, NY: Basic Books.
- Toth, Jennifer (1998). Orphans of the Living: Stories of America's Children in Foster Care. New York, NY: Simon & Schuster.
- Varon, L. (2000). Adopting on Your Own: The Complete Guide to Adoption for Single Parents. New York, NY: Farrar, Straus and Giroux.
- Youth Communication Staff (1996). The Heart Knows Something Different: Teenage Voices from the Foster Care System. New York, NY: Persea Books, Inc.

Books for Kids

- Crist, James (2004). What to Do When You're Scared & Worried: A Guide for Kids. Minneapolis, MN: Free Spirit Publishing, Inc.
- Holmes, Margaret (2000). A Terrible Thing Happened. Rockaway, NJ: Phoenix Color.
- Levine, Jennifer (1994). My Foster Family: A story for children entering foster care. Mt. Morris, IL: Child Welfare League of America. (Coloring book)

Nelson, Julie (2006). Kids Need to be Safe: A book for children in foster care. Minneapolis, MN: Free Spirit Publishing.

Richards, Laura Kowalczyk (2007). Guess Who's Adopted? Bloomington, IN: Authorhouse.

Schoettle, Marilyn (2000). W.I.S.E Up Powerbook. Center for Adoption Support and Education (CASE).

Spelman, Cornelia M. (2000). When I Feel Angry. Morton Grove, IL: Albert Whitma. Morton Grove, IL: Albert Whitman & Company.

Wilgocki, Jennifer and Wright, Marcia K. (2002). Maybe Days: A book for children in foster care. Washington, DC: Magination Press.

Book Stores

Free Spirit Publishing

www.freespirit.com

Northwest Media Publishing

www.NorthwestMedia.com

SocialLearning.com

www.Sociallearning.com

Tapestry Books

www.Tapestrybooks.com

Adopting in the Military

You Can Adopt! A Guide for Military Families. Adoption Exchange Association.
<http://www.adopting.org/uni/frame.php?url=http://www.adoptea.org/books.html>

Military Families and Adoption: Factsheet for Families. Child Welfare Information Gateway.

http://www.childwelfare.gov/pubs/f_milita.cfm

Military Adoption.

<http://military.adoption.com/army/military-overseas-adoption-overview.html>

Home Safety

FAMILY SEXUAL SAFETY PLAN

(Family Name)

This agreement is designed to keep everyone safe in this family. All members in this family have signed this agreement. It lists the rules for living together safely in this family, for respecting the rights of others, and for ensuring the personal safety of everyone. Our signatures on the bottom acknowledge that these rules have been discussed as a family, that we understand these rules, that we will follow them, and that we will help each other follow these rules.

1. I understand that before I go into another person's bedroom, I must get permission first.
2. I understand that if no one is home to give me permission to enter their room, I am not to go into another person's bedroom. Even if I have permission to enter another's room, I will not go through their things.
3. I understand that when visiting another person's bedroom, the door must be open.
4. I understand that if someone is visiting my bedroom, the door must be open.
5. I understand that if my adoptive parent(s) talk with me in my bedroom, the door must be open.
6. I understand that undressing is allowed only in my bedroom and in the bathroom with the door closed.
7. I will dress appropriately around the house. I will always wear a robe or tee-shirt over my underclothes. I will not walk around with just underclothes or shorts without a tee-shirt.
8. If the door is closed, I understand that there is to be only one person in the bathroom at one time. Specific exceptions to this item are as follows: _____

9. I understand that everyone sleeps in his/her own bed.
10. I understand that children do not sleep in the same bedroom with the adoptive parents. (Children 0-1 may sleep in the bedroom with adoptive parents.) Sleeping arrangements while traveling will be discussed with the Barker caseworker prior to the trip.
11. I understand that a child six years of age or older will not share a bed or bedroom with a person of the opposite sex.

12. I understand there is to be no sexual contact or sexual touching between children in this family or between parents and children in this family. The only individuals who have sex together in this home are mom and dad and always with the door closed.
13. I understand that there will be no sexual play and sexual touching and that includes playing doctor, nurse, or things like that.
14. I understand that all inappropriate sexualized language (reference to body parts, sexual activity) and sexualized behaviors will not be permitted.
15. I understand that all physical touching between family members must be kept safe and be seen as safe touching. Touching that will not confuse, scare, or make me think that someone wants to have sex with me includes: _____

(Back rubs, foot tickling, wrestling, "horse play", etc. are to be discouraged.)
16. I understand that children will not have access to or bring into the home any inappropriate sexually oriented materials (books, pictures, magazines, videos, Internet access, etc.). Only material appropriate for sex education will be permitted.
17. I understand there is to be no showing or touching of one's private parts in front of other people.
18. I understand that my body belongs to me and if anyone touches me in a sexual way or makes me feel uncomfortable, I will say, "No," and will tell my Barker caseworker and/or someone "safe", e.g. school counselor, coach, therapist, teacher, etc.
19. I will follow these rules of privacy, e.g. no touching of another's private parts, purses, notebooks, private notes, diaries, no opening another's mail, etc.
20. I understand that any plans for me to baby-sit in or outside the home must be discussed with and approved by my family and the Barker caseworker.
21. _____
22. _____
23. I understand that all family members are responsible for following these rules.
24. I understand that I am responsible if I do not follow these rules.
25. I understand the rules clearly.

Signed _____
(Adoptive Child)

Date _____

Signed _____
(Adoptive Parent)

Date _____

Signed _____
(Adoptive Parent)

Date _____

Signed _____
(Siblings, if applicable)

Date _____

Signed _____

Date _____

Signed _____

Date _____

Signed _____

Date _____

Signed _____

Date _____

Signed _____
(Social Worker)
Witness

Date _____

Adapted from the work of Dr. Wayne D. Duehn, Professor of Social Work at the University of Texas at Arlington